



I hereby authorize: **Washington Nutrition & Counseling Group**

Address: _____

Phone: 703-552-2722 to exchange information from records about _____

born on _____, with: Person or facility: _____

Address: _____

Phone: _____ for the following purpose(s):

- Further mental health evaluation, treatment, or care
- Treatment planning
- Other:

These records concern the time between _____ and _____. The information to be disclosed is marked by an X in the boxes below:

- Medical history and evaluation(s)
- Mental health evaluations
- Developmental and/or social history
- Educational records
- Progress notes, and treatment or closing summary
- Other:

I fully understand this request/authorization to release records and information, including the nature of the records, their contents, and the consequences and implications of their release. This request is entirely voluntary on my part. I understand that I may take back this consent at any time, except to the extent that action based on this consent has already been taken. This consent will expire automatically after one year from the date on which it is signed, or upon fulfillment of the purposes stated above.

Signature of client or parent

Printed name

Date